

HOW TO LIVE FOR FREE (OR LITTLE MONEY)



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DISCLAIMER

Before starting with the tips and techniques we wanted to talk about a few things that seemed important to us.

When making use of all these techniques, make sure to remember that a lot of them work because of privileges you might have. If you are white, wearing neat clothes and looking clean, people will tend to be way less suspicious of your behavior. Stealing, hitchhiking etc... will work more easily.

So once you acquire these skills, don't forget your friends! We do not share these techniques so that people can brag about how good they are at not spending any money. Distribute the food you steal or skip, help other people to squat, make sure those who do not have the same privileges but struggle as well can also fulfill their needs.

While this offers direct help to you and those around you, these techniques are not an end in themselves. They are a direct relief to material needs as they allow you to live from the waste and leftovers of the capitalist system. However, the life we envision is one where no one would have to live from the trash. Capitalism still oppresses us on a daily basis and there is the urgent need to organize against it. Get together, join your local anarchist group, take action. You can steal material for demos and

actions, squat houses in order to have meetings and social centers, use the money you save to pay your friends' fines. The techniques described in this zine can make your life and organizing easier, but they are not an end in themselves.

Also, continue to share these skills! We don't want any gatekeeping. Pass this zine around, copy it, modify it! We would also love to keep it updated.

If you know any other techniques or have any addition to any of them, you can email it to us:

livefree4free@protonmail.com

Have fun!!!

FOOD

STEALING :

Stealing is a lot about how you look and behave. Sadly security will pay more or less attention to you based on your skin color, gender appearance, clothing style etc... Even though many stuff are out of your control, try to 'fit' the vibe of the shop as much as possible by dressing up etc.... You will need to adapt your strategy to what and where you plan on stealing, taking into account the disposition of the shop.

How to do it:

If you plan on using a bag to steal, I'd recommend using a leather or computer bag, as they often look more "private" so security agents and employees often feel more hesitant to search them. Wearing long coats can also be convenient to put things in your pockets and the lining of the coat. Once in the supermarket, you can do it in many different ways. The strategy to adopt depends on how you feel and how the supermarket is arranged. When you enter try to spot if there's a way to leave without passing through the self checkout or the register, look for cameras, their types and their location (for more infos about cameras look at the appendix) and be vigilant to the presence of a security agent. Try to do this discretely, as you don't want to be spotted as soon as you enter. In general, it's better to try to avoid as much as possible putting things in your

bag/coat when you're in sight of the cameras because it leaves proof that can be used against you afterwards if you get caught. If you're with a friend ask them to stand in a way that makes you invisible to the camera when stealing. However, if there are too many cameras and you are alone, don't worry too much, there's often no one looking at them live. One easy way to go is putting everything in your bag as if it was a basket as you go through the supermarket shelves. Keep one cheap article in your hand, then go to the register and pay only for that article. You can also gather everything you need and put it all at once in your bag in one spot of the supermarket where you are hidden from the cameras. If you do this however, be careful that no employee or security agent spots you while you have a lot of things in your hands, as it may look suspicious afterwards if you only pay one thing. If you don't even want to pay for one article you can also pretend to be looking for your wallet in your pocket once you're at the register, then pretend that you forgot it and that you are going to get it and apologize. Then just leave with the groceries in your bag and don't come back. Another way to do it is passing through the self checkout with all your groceries in your hands but only scanning one. Be careful with this one because in Amsterdam they often have an employee to check that everyone's scanning their groceries. Sometimes « random » checks also happen and an employee will verify whether you scanned all the articles before you pay. If that happens, you can always pretend that you need a different receipt for all the articles that are not

scanned so that you want to pay everything in two times. If there's no employee and/or you don't have money to pay for one thing, you can also spot in advance if someone's going to leave through the self checkout soon, and then just sneak behind them quickly to exit the gates.

If you get caught:

If you get caught at the self scan, saying that you were distracted and forgot works most of the time. In those cases the first thing they usually do is ask if you have an ID and can pay for the articles. If you can they'll probably just make you pay and sign a paper and you'll be blacklisted from the supermarket. If you can't or don't have an ID then they will call the cops. Another thing to keep in mind is that as a general rule the cheaper the shop the harder it is to steal. cheaper shops often have more security measures in place as it is more expected that the people that used them would steal. If you can dress the part and play the role, the fancy shops like ekoplaza and marqt are your friend.

DUMPSTER DIVING :

Supermarkets throw away loads of food at the end of the day. The vast majority of this food is still good, as the expiration date is from the day itself. The waste from the supermarkets is still considered as property of supermarket so they often make the trash inaccessible, either by locking the trash cans, by leaving the food inside of the

supermarket or in sheds outside of the city or by pouring bleach on the food.

How to do it :

Even though most of the trash is locked, you can find some that are unlocked in every city. In order to find these the easiest way is to look up the closest supermarkets or delivery centers (like gorillas) and to go there at or after closing time. Walk around the building and look around to see if there are trash cans standing somewhere. Sometimes they are across the street or behind a fence. If the trashcan is empty, don't get discouraged! Come back some other time, maybe this was just a bad day. Another solution can be to go there right at closing time, to hide somewhere around the back of the supermarket and watch to see what the employees do with the daily waste. (+ waste collection centers)

Tools and useful links :

It's good to have a big backpack, some light and maybe gloves because it can get a bit messy. If you want to access the locked up trash bolt cutters are a good solution. You can also use two wrenches that you put in one of the link of the chain and break it. For useful websites you can look at trashwiki and dumpstermap where people put and rate some spots where you can easily dumpster dive. Some of them are a bit out to date but they are still worth checking out!

What the law says:

Dumpster diving is considered as theft. When climbing over fences to access trash cans that are on the supermarket property you can also be charged with trespassing. However the only thing you could risk is getting a fine. But most of the time no one cares, just avoid being seen by the employees of the shop, otherwise you might risk losing your spot because they might start locking their trash.

ASKING FOR LEFTOVERS AT THE MARKET OR IN SHOPS:

Sometimes you don't even have to look through trash. Some smaller shops or markets will give you their leftovers if you ask them.

How to do it:

Best places to ask are markets, small worker owned shops or restaurants. For market it's good to be there a bit before the ending time, an hour before for example. For shops go there at closing time but you can also ask them during the day. If they are willing to give you leftovers they will tell you at what time you can go back. Then it's all about being friendly and polite. Don't get discouraged if some people send you away, you'll find others that are really friendly. Some people are really happy to get rid of their food and will even tell you to come back regularly.

TAKING LEFTOVERS FROM RESTAURANT TABLES:

This works especially well in places with a lot of people or where people have to clean up after themselves. Many people buy food and do not eat all of it, leaving leftover food on tables. Just hang around the tables and once you see people leaving check their table to see if there is anything left. Try not to be seen by the people from the restaurant.

"CAFE-BASKET":

This doesn't work all the time but it's worth a try. Go to a coffee place or a restaurant that doesn't look too small. Order what you want to eat/drink. Then, go away without paying, acting like a random person going to the toilet or walking in the street. Don't stay around!

What the law says:

Obviously it's totally forbidden, but you can easily run away fast if someone at the restaurant sees you. What might happen if they notice you is that you have to end up paying for what you ordered.

KNOCKING AT PEOPLE'S DOOR:

This works especially well in the country side and when traveling (a big backpack will make you more

trustworthy). Here the main thing is about being friendly and telling a credible story. The idea is to just knock at people's doors and ask if they have some food for you. You can make up a story (eg: You are traveling, your friends were supposed to join you but they have problems with their train/bus and they are the ones who have the food). Some people might be reluctant but most often they are very kind and will give you more food than expected!

FOOD DISTRIBUTIONS AND VOKUS:

In many cities collectives have special deals with supermarkets and they manage to gather some of the leftover food. They then distribute it raw or cook it at events called voku. Sometimes it is for free, sometimes donation based.

Tools and useful links:

* For Amsterdam * : You will find the vokus announced on radar. Regular vokus and food distributions: Voku at Molli Chaoot on Tuesdays at 7. In other cities you can check radar, nomadwiki or ask at public squats, many of them will know where to redirect you to, or even organize vokus themselves.

WATER

IN CITIES:

Filling up your water bottle in the city is quite easy. You can either find water fountains by asking people in the city if they know where to find one or by looking it up online. Otherwise you can go to restaurants and ask for a glass of water or for them to fill in your water bottle. If they ask you for money, leave and go somewhere else, you will always end up finding a place where you can get water for free.

Tools and useful links:

Carrying a water bottle is essential. On google maps or on maps.me you can type in “water” and it will show you where there are points with drinking water.

IN THE COUNTRYSIDE:

In villages or little cities you might still find restaurants that will very probably give you water. If there are none, or if they are closed you can also knock at someone's door. It's very unlikely that someone will refuse to give you water. Otherwise you can go to the cemetery. There you will always find water and it is nearly always drinkable.

LIVING

SQUATTING

* In this category you will find certain information which is specific to Amsterdam. For other cities check online if there are squatting guides, go to a squat and ask the people directly or look out for squatting advice hours *

Squatting consists in claiming a house which has been empty for a certain amount of time. Often places are left empty by investors, big housing companies, or owners who don't care about the house. By squatting you are making good use of a place that would otherwise be abandoned.

How to do it:

There are very precise squatting manuals available online. Otherwise, you have squatting advice hours in Amsterdam. There you can ask for explanations about the way squatting goes or ask for specific information about your building. You might even find people who can help you with the more technical parts or at least lend you the tools. Squatting advice hours also sometimes know about buildings and can advise you on if it makes sense to squat this specific place. Of course this is only advice and as long as you haven't tried it out by yourself it is of no truth. Otherwise you can go to one of the squats in the city, during their opening times or when they organize events. There you can explain your situation and

get in touch with squatters who can give you information and direct you towards certain places.

Tools and useful links:

All of these only concern Amsterdam

Kraakspreekuur Oost Joe's garage: Tuesday from 7 to 8:30 pm → Pretoriusstraat 43, Amsterdam

Website of Joe's Garage with the squatting guide:

Dutch: <https://joesgarage.nl/wp-content/uploads/joe2/2020/11/rotterdamse-kraakhandleiding-2020.pdf>

English: <https://ksuoost.squat.net/englishGuide.html>

Autonomous Student Struggle: ASS is a group of students that organize in and around university. They organize Find your Squatting Buddy, an event where people can come together, connect and learn about squatting. This event is not always regular but will be announced on instagram (@autonomoussstudentstruggle) and on radarsquat.net

SKSU: <https://vrankrijk.org/events/categories/sksu/> :

Thursday from 7 to 9 pm at the Vrankrijk (Spuistraat 216).

They often organize workshops and you can ask them whatever you want to know about squatting. They also have an instagram account (@studentenkraakspreekuur) You can also find all the information on radarsquat.net

FOR SHORT STAYS IN THE COUNTRYSIDE

WILD CAMPING:

In the countryside the easiest solution might be to go wild camping. This means sleeping in the forest or a field, or anywhere where you feel safe.

How it works:

In order to find a good spot a map can be useful if you want to avoid walking around for too long. You will want to look for a spot which is not too close from houses, roads or big paths, which is not too steep and where you are a bit hidden. The spot you chose will also depend on how long you plan on staying. If you arrive late at night and plan on leaving in the morning, fields can be very good solutions.. Find a field where there are no animals and nothing is being grown at the moment and go towards the back of it. Often you will find a spot where you are a bit hidden, behind trees or hedges. If you plan on staying a bit longer, or if there are no fields look out for forests, or camp around lakes.

Tools and useful links:

You might want to have some camping gear with you, at least a sleeping bag is essential in order not to get cold during the night. A mattress and tent will make it even more comfortable. Otherwise you can travel with a hammock, which is very practical. You can also get a

tarp, which is a layer of waterproof cloth you can put above your hammock when it rains.

The app Maps.me is really useful to see small paths, lakes and waterpoints. The satellite pictures on Map are also really useful to see how the field/forest looks.

What the law says:

It depends on the country and the legislation of the land. be careful when camping in national parcs/protected places. But most of the time, sleeping one night somewhere in the countryside is fine.

CAMPING:

You can also try sneaking into official camping sites.

How to do it:

Camping sites are often on very wide areas in the country side so it is impossible to control all of it.

Sometimes you can find a place where it is easy to climb over the fence. Once in you can put up your tent and just avoid the main entrance. However sneaking into camping sites can sometimes be complicated because they have cameras or a system of defined spots where to put your tent up, so you might get noticed.

FOR SHORT STAYS IN THE CITY

COUCH SURFING:

In cities the most comfortable solution is to sleep in an apartment somewhere.

How to do it:

There are several couchsurfing apps such as couchsurfing but also a free alternative which is called Trustroots. In order to access it you have to create a profile where you add a picture and a small description of yourself. Then, you will access a map. By looking up a specific place or city you will see the people who are proposing to host others. You can then see their profile and picture, which allows you to choose who you want to contact. Once you found someone you think you would feel comfortable with you can message them explaining when you would need to be hosted etc. It is preferable to contact several people when planning on going to a place because not everyone answers. Some people might not be able to host but they can still give you other tips on where to sleep or direct you towards someone else.

PARCS:

Hiding in public park in order to spend a night there can also be a solution if you didn't find any other spot within the city. Some parks close in the evening which can be good for you because you will be safer. Just make sure not to be sure when the park closes or when sneaking in after closing time. Other parks just stay open overnight and you can try to find a spot somewhere.

SLEEPING INSIDE:

If you didn't find anyone on trustroots and don't want to sleep outside you can also explain your situation to someone and ask if they have some space in their apartment, or maybe even if they have a garden.

How to do it:

You can go around the city and look for places that look nice, social centers, squats, bars etc. There you can step in and explain your situation. Sometimes the places themselves will have a solution, otherwise some of the people there might be willing to host you for a night.

Tools and useful links:

Having some camping gear, like a sleeping bag, can be useful because some people might be willing to host you but won't have anything for you to sleep in. In order to find place with trustworthy people you can look up for alternative events happening that day in the city. These can be found on radar or on other agendas which are specific to the city. Nomadwiki can also give you some useful information on the city.

MOVING AROUND

HITCHHIKING

Hitchhiking is a really cheap and fun way to travel. It is really convenient as you can choose the time you start your trip, and don't have to plan it before.

How to do it:

Leaving a city:

It is important to find a good spot to leave from as exiting cities can sometimes be a bit hard. You will need to look for a spot on the side of the road where cars have enough time to see you from further away and where they have enough space to stop without bothering the other cars on the road. You can stand at the entrance of a highway (not on the highway itself though!) or on roundabouts. In order to find a spot you can look on google streetview in order to check if the spot is good, this can save you a lot of time as you can choose a spot beforehand. The website Hitchwiki.com is a really useful tool. You can find indications on the best way to get out of cities. It will, for most cities in Europe, give you tips on where to start your journey, depending on the direction in which you want to go.

Continuing your trip:

For long drives, the best is to take highways. Try to stay on the highway and to ask people to drop you off at gas-stations before they leave the highway. There, go up to drivers who are taking a break or tanking their car and ask them if they are going in your direction. Being polite and dressing normally will help. This usually works pretty well as people have time to chat with you and talk to the other passengers. If you get stuck on gas-stations, you can just stand in front of the shop, drop your bag on the floor and ask everyone going in and out of the shop. In some countries highways have tolls (eg France). This is a nice spot because it is a place where people go to several different directions and have to slow down in order to pay. So if you don't find anyone going in your direction you can also ask someone to drop you off at the next toll.

What to do if you're stuck:

Hitchhiking is a journey by itself. You will get to meet new interesting people, but also get to test your patience. If you are stuck somewhere for a long time do not hesitate to change the spot, look at other possible routes. The key is to be flexible! Don't rush into cars just because you are scared of blocking the traffic or annoying people. If they tell you a city or direction you don't know, take the time to check on google maps if it's the right one.

Safety:

Hitchhiking usually goes really well but there are some little reflexes you can have in order to not put yourself into uncomfortable or unsafe situations: do not use a sign stating the city you are going to. That way, when a car stops, you can first ask the the driver where they are going. You then have the choice to get into the car or not, even if the car is going in your direction as you can just make something up and say that it's the wrong direction in case you don't feel like entering this car.

-You can also have a look at the license plate of the car while getting in, and send it to a friend together with your live location in case you have a smartphone.

What the law says:

Hitchhiking is legal in most countries, except on the highway in some countries like Italy and France. Beware at the tolls and when walking on the side of highways: it is illegal. Most of the time, if the police sees you, they will tell you to leave to hitchhike on a normal road or take you and drop you off somewhere else.

JUMPING THE TRANSPORTS

Skipping public transports is always doable but the technics and potential consequences can be different depending on which country and city you're in. Below are some technics for Amsterdam.

How to do it:

METRO:

Jumping the metro in Amsterdam is quite easy and most of the time you don't actually need to jump. You can use the emergency exit (wide gates on the side). Often they are already open, otherwise you can pass your hand on the side of the door (there is quite a lot of space) and press the emergency button. Then, the door will open. You can also just walk through the gate as someone else scans their ticket. The gates are going to make a weird noise but no one is going to come. If you feel uncomfortable walking behind someone or if there's no one in the station you can just climb the gates. Whichever option you choose, you will need to do that twice as you need to check-in and check-out through the gates to leave the station. There's almost never anyone checking tickets in the metro.

TRAM:

Not paying the tram in Amsterdam is a little bit harder depending which line of tram you want to take. In most of the trams there is usually a worker checking that everyone buy a ticket or scan their card in the machine. The tram lines 19, 24, 5 and 25 don't have them, so you can easily walk in without paying. Most of the other lines have them and unfortunately they take their jobs very seriously and will kick you out or won't let the tram start if you don't pay. However, when there are a lot of people coming at once it may be easier to sneak in. A really nice technique that hasn't been tried by any of us but seems

likely to work is getting a ticket once and recording the sound that the card or ticket makes when you scan it through the machine and play it the next times while faking passing something in the machine. If you don't feel comfortable trying any of this, you can also go directly to the person working and make up any excuse, sometimes they're nice and will let you stay.

If you get caught:

Pretending to be a confused tourist is always a nice excuse but you will either have to pay either to leave the tram. If you have money, you can then get a ticket but not scan it so that you can reuse it for another time

BUS:

can be hard to skip as well, as you can only enter through the front door where the driver is, and very often, just like in trams, they will be very attentive to everyone paying. If there are a lot of people going in, you can enter and pretend to be searching for your card or ticket in your bag while entering, and just go sitting. If the driver calls you back after a while saying you didn't pay just look sorry and bullshit them that you forgot your OV chipkaart but it's likely he will kick you out or make you pay. Otherwise you can also try bullshitting them as soon as you enter, telling that you forgot your wallet and if they're nice, they may let you stay.

TRAINS:

The trains in the Netherlands are usually a bit more risky to skip because there are more often people checking the

tickets. But it's still very doable. You can pass behind someone to get through the gates, just as in the metro, and get to the platform. Once in the train, if you see people starting to check the tickets, you can go to the toilets and wait for a bit for the person to be gone. If you're traveling with a friend, you can also ask them to text you when you can get out of the toilets. Otherwise, you can also walk further down the train, get down at the next station (if it's close) and catch the next train to the same destination. If you are in a train that stops in a lot of stations before getting to your destination, and you have a smartphone and money, you can also go on the NS website (it's the train company of the Netherlands) and get a ticket from the last station from which the train left to the next station where the train stops, so that you have a ticket when you get checked but pay way less than for the whole trip. One nice thing to know is that a ticket opens the door to any station so for example if you bought a ticket from Amsterdam Centraal to Utrecht but actually go to Rotterdam with it, you will still be able to exit the station in Rotterdam with the ticket. If you end up in a situation where you're unable to escape the people checking (sometimes they are very sneaky and will come from the 2 different sides of the train, and if you're very unlucky someone else will be locked in the bathroom running away from them as well), you can just give them the name of the last stop that the train was at and the name of the next stop and you will get a fine of 50euros + the price of this ticket. If it's the first time you get caught, you can call the NS

customer service and ask them to cancel the fine and you'll just have to pay for the price of the ticket.

Careful :

When skipping gates with a public transport card in your pocket: If you have a working public transport card in your pocket while skipping gates or walking behind somebody, the NFT sensors in the gates will register it, and charge you €20 on your card. An easy way to avoid this is wrapping the card in aluminium foil a couple of times, putting the card in between metal objects in your bag (this might or might not work with a laptop made of aluminium), or using a Faraday cage wallet. Train gates are far more likely to do this than metro gates, and the author has in September 2022 only seen train gates do this.

In general if you have a ticket it's always nice to remember that there are others who don't and to distract the people checking the public transports by talking to them for a long time, taking a while to take your ticket out or creating a random drama.

FURNITURES:

If you are looking for furnitures, in Amsterdam you can just look up the trash day of your neighborhood on the municipality website and go around biking on this day, you'll find plenty of abandoned sofas, chairs, tables etc...

CLOTHES AND OTHER GOODS

Stealing

Most of the products that aren't food have anti-stealing devices installed. That doesn't mean you can't steal them. Most of the small objects such as beauty products, some sort of clothes etc..... will have either one of those two devices or those two:



Don't worry, you can easily take them off. If the product has the adhesive (electro-acoustic) anti-stealing tag you can just take it off manually . If the product has a "snail" (radio-frequency) anti-stealing tag, you can scratch it away manually, or just cut one of the lines (it's always useful to have nails scissors or a cutter in your bag), it will break the system and won't ring at the doors. If you remove an adhesive tag, make sure the product doesn't have in addition a snail device. Sometimes they can be hidden under or inside the product box. Also be careful sometimes the "snail" is hidden behind the code bare of the article as in this:



You can spot it by touching the barcode, if it doesn't feel completely flat, there's probably a "snail" under it.

To look unsuspecting while removing small anti-stealing devices in shops where there's no changing room, a nice strategy is to walk around and continue looking at the other products while at the same time ripping off the devices in your hands. Once you've removed it, throw it discretely on the floor or put it in a random shelf, and leave with the object in your pocket/bag/hands.

If you accidentally forgot to remove one of the anti-stealing device and ring at the door you can always run, in many shops they take time to react when they hear the alarm at the door so it leaves you time to run away quick.

Clothes often have more complex anti-stealing devices. Some shops like Decathlon use RFID technology. Unlike the other anti-stealing devices, this one enables the security to know exactly which object triggered the alarm as each article as a unique identification number. If you steal anything with such a tag without taking it off, you'll then ring at the doors and the security will know exactly what you stole. It comes in the form of a small rectangular tag among the other tags in the item (it's very discrete so always look everywhere for it) and luckily is always signaled by a little sign:



You can take it off by just cutting it (again nails scissors are really useful)

Other clothes shop use "macarons" (see picture below) that come in different forms (they can be square, round, rectangular). If you want to take them off in the store, it'll

require you a huge magnet (fishing magnet - able to lift 60kg weight). Go to the trying-on room, put the magnet against the macaron and it will separate the two parts of the device. Otherwise you can also cut around it but it will leave a small whole in your clothe. Put the clothe in your bag or directly on you, hide the broken macaron behind the mirror, or anywhere you can find in the cabin, and leave. If you don't have a magnet and don't want to have a whole in the clothe, you can also take an aluminium roll with you to the store (you can also make a bag with a hidden aluminium lining), wrap up the macaron with at least 10 layers of aluminium put the item in your bag and leave. This will avoid the door ringing. Once out, you can take the macaron out by burning the part with a little bump, taking the spring away, and the two parts of the macarons will be separated (you can also find plenty of youtube videos about it). In some shops an employee is waiting at the changing room and checking the number of articles you're bringing in, this makes it a bit harder but you can just hide one of the article or lie to them if they don't check carefully. In general try avoiding leaving hanger in the changing room as they're going to notice it quickly and see that something's wrong. If you can take it with you in your bag, or leave the hanger in the store and take the article without the hanger when going to the changing toom



Careful :

With two-way mirrors. If you see a large mirror on a wall next to a door at a self-checkout (especially at a supermarket), most likely there will be a security guy behind it. These guys look through the mirror to see if you are stealing, and watch the security cameras live. Some Lidl's have this system in place. The main weakness is that the security guys behind the mirror are often also the people watching the security cameras, so light will be shining on them from the screens, and you will be able to see their silhouette through the two-way mirror, or the silhouette of their chair. If you see just the silhouette of their chair you are most likely safe, as nobody is watching both you and the camera footage. If the mirror has no silhouettes, you can't know if you are seen, although it is less likely. If you see a smaller mirror next to a self-checkout, it is probably a hidden low-resolution camera. Be careful when looking at these, as you unknowingly might be arousing suspicion by looking straight at them.

Also articles can combine more than just one anti-stealing devices make sure to spot them all

Clothes conteneurs :

In almost every city you can find specific metallic containers where people can throw away bags of clothes to be given to charity or recycled. They are usually closed in a way that makes it impossible for people to grab the bags in there. In Amsterdam they are black and purple, or white and red. You can find a map where to find them on the municipality's page "Waste containers" . Luckily some people already broke some them, so you can just jump in there and grab clothes. We haven't tried yet, but you can also break them yourself if you have the right tools.

Free shops

In Amsterdam:

Joe's Garage: Located in Pretoriusstraat 43, 1092 EZ, Amsterdam, Joe's garage is a squat which also has a give away shop. You can check on their website (<https://joesgarage.nl/>) and on radar in order to find the opening times of the free shop.

Bollox: Located in Eerste Schinkelstraat 14. You can find the opening hours on their website: <https://www.binnenpret.org/bollox.htm>

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If you are looking for free books and aren't very picky about what you want to read, there are book boxes in the center of Amsterdam and in most of the neighborhood where people can drop and grab books (often they're quite shitty though).

USEFUL LINKS

- Hitchwiki : https://hitchwiki.org/en/Main_Page This website is very useful in order to get out of cities you don't know. You can search for the city you are in at the moment and then on the page look for the direction you want to go to. You can also read the description of the spot they describe and then check on google maps whether it looks like something has changed or if it still looks good.
- Nomadwiki : http://nomadwiki.org/en/Main_Page Here you can find quite a few of the big European cities. You will find all kind of informations about the city and the nice spots to know about. It's definitely worth a look when you go somewhere.
- Dumpstermap : <https://dumpstermap.org/page/about> and
- Trashwiki : https://trashwiki.org/en/Main_Page

Both these websites give you tips on where you can find good spots in order to dumpsterdive. People write down where there is accessible trash and allow users to rate them. Some of the tips are a bit out of date but it's still worth checking.

- Trustroots : <https://www.trustroots.org/> This is an alternative to the couchsurfing website which now asks its users to pay in order to use it. The community is a bit smaller but people are pretty nice and flexible. After creating an account you can look at a map which shows you where in the city people are offering to host. You can access their profile and decide who you want to contact. It can be good to contact several people in each city because not everyone answers or is available.
- Maps.me <https://maps.me/> An alternative to google maps which allows you to download maps and access maps when you don't have any internet connections. It is useful in order to find good spots to wild camps as forest and fields each have a different color. It also shows you where you can get water.
- Radarsquat: <https://radar.squat.net/de> A website where collectives announce their events, being it concerts, meetings, vokus, clothes or food distributions. Used a lot in Amsterdam and the Netherlands. Other cities also use it but often have other website they use as reference websites

- Joe'sGarage: <https://joesgarage.nl/kraakspreekuur>
Website of the squat and social center Joe's garage located in Amsterdam. You will find several ressources about squatting as well as information about the events they organize.
- Brochourre (in French)
: <https://infokiosques.net/IMG/pdf/Brochourre-pageparpageA5.pdf> : A zine about stealing with detailed explanations about the different types of security devices and how to bypass them

Appendix about cameras

- The simple camera:



This camera has such a low definition that you can serve yourself in front of it, even if someone's looking at them, they probably won't notice. You can also hide pretty easily from it as it has a lot of blind spots

- The 360degrees camera:



This camera is the one found in most of the supermarkets, it has a better definition than the simple camera and can turn around and thus have a view of 360degrees and can zoom on people. It still has some blind spots so do not worry too much but try from the beginning to not be spotted so that you don't get looked at through it

- The rail camera:



This one is the tricky one. It moves on rails installed in the different alleys of the store and it has a really really really high definition. Try to not get spotted when you enter the shop and if you see those one, I'd recommend not putting anything in your bag in the store but keep the objects in your hands and leaving through the self scan by paying one article. In Amsterdam some of the JUMBO have those ones.